

Jocelyn K Glei

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Jocelyn K Glei

JOCELYN K. GLEI writes about work & creativity. Do you want to find more creativity and meaning in your daily work? Hi-Fi is my new online course. Hi-Fi is a 12-week course that invites you to reconnect with your body, open your heart, and bring your intuition online.

JOCELYN K. GLEI writes about work & creativity.

Jocelyn K. Glei is a writer who's obsessed with how we can find more creativity and meaning in our daily work. Her latest book, "Unsubscribe", is a modern guide to getting rid of email anxiety, reclaiming your productivity, and spending more time on the work that matters.

Jocelyn K. Glei

I created the online course RESET, a cosmic tune-up for your workday.. I host Hurry Slowly, a podcast about how you can be more productive, creative, and resilient through the simple act of slowing down.. I write books about how to make great creative work in the Age of Distraction, and I give talks about how we can spend less time on "fake productivity" and more time on meaningful work.

About • Jocelyn K. Glei

Jocelyn K. Glei A writer and the founding editor of 99U, Jocelyn K. Glei is obsessed with how to make great creative work in the Age of Distraction. Her latest book is Unsubscribe: How to Kill Email Anxiety, Avoid Distraction, and Get Real Work Done.

Jocelyn K. Glei Archive - Adobe 99U

Jocelyn K. Glei helps people find more creativity and meaning in their daily work. Read more → My Newsletter ...

Articles • Jocelyn K. Glei

Jocelyn K. Glei is obsessed with how we can find more creativity and meaning in our daily work. She created the online course RESET, a cosmic tune-up for your workday, and hosts Hurry Slowly, a podcast about how you can be more productive, creative, and resilient by slowing down.

Jocelyn K. Glei on Behance

Jocelyn K. Glei is obsessed with how we can find more meaning and creativity in our daily work. In search of the answer, she has interviewed hundreds of designers, researchers, and entrepreneurs about how they stay productive and inspired.

HURRY SLOWLY is a podcast about pacing yourself, hosted by ...

RESET is a four-week course created by Jocelyn K. Glei that shows you how to work in a way that is intentional, energizing, and inspiring. 00:36 We're on the verge of a burnout epidemic. Almost 50% of Americans say that they are regularly exhausted from work.

RESET is a cosmic tune-up for your workday.

Hi, I'm Jocelyn. I help people find more creativity and meaning in their daily work. I created the online course RESET , a cosmic tune-up for your workday, and I host Hurry Slowly , a podcast about how you can be more productive, creative, and resilient by slowing down.

Why You Need "White Space" in Your Daily ... - Jocelyn K. Glei

RESET is a new online course, created by Hurry Slowly host Jocelyn K. Glei, that shows you how to work in a way that's intentional, energizing, and inspiring. It takes all of the themes that Hurry Slowly explores and distills them down into a clear, actionable program that will completely transform the way you work.

Reset Course • Hurry Slowly

By Jocelyn K. Glei 5 minute Read. Inside each of us there's a little efficiency guru who views every single email within a larger matrix of all the stuff we could be focusing on: the big ...

Three Ways To Write Shorter, More Effective Emails

RESET is a course created by Hurry Slowly host Jocelyn K. Glei that shows you how to let go of productivity shame, be more tender with yourself, and get back in touch with the natural rhythms of your energy, your attention, and your creative flow. Registration re-opens on Sept 29th at reset-course.com. Get Jocelyn's brainwaves in your inbox.

Jocelyn K. Glei: A Call for Rest & Tenderness • Hurry Slowly

RESET, a cosmic tune-up for your workday. RESET is a new course from Hurry Slowly host Jocelyn K. Glei that shows you how to take a "heart-centered" approach to productivity that's intentional, energizing, and inspiring. Watch the 30-second trailer at reset-course.com. Get Jocelyn's brainwaves in your inbox.

Jocelyn K. Glei - Who Are You Without the Doing? • Hurry ...

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Jocelyn K. Glei Editor-in-Chief, 99U A writer and the founding editor of 99U, Jocelyn K. Glei is obsessed with understanding how work gives our lives meaning. She has authored three books about work, creativity, and business, including the Amazon bestsellers Manage Your Day-to-Day and Make Your Mark.

Maximize Your Potential - Adobe 99U

Jocelyn K. Glei is a writer who is obsessed with how we can find more creativity and meaning in our daily work. Her previous books include Manage Your Day-to-Day, Maximize Your Potential, and Make Your Mark, which offer pragmatic, actionable advice for creatives on managing their time, their careers, and their businesses. She was formerly the founding director of the 99U Conference and editor of 99u.com, which earned two Webby Awards for Best Cultural Blog.

Unsubscribe: How to Kill Email Anxiety, Avoid Distractions ...

RESET, a cosmic tune-up for your workday. RESET is a new course from Hurry Slowly host Jocelyn K. Glei that shows you how to take a "heart-centered" approach to productivity that's intentional, energizing, and inspiring. Watch the 30-second trailer at reset-course.com.

Jocelyn K. Glei: Productivity Shame • Hurry Slowly

Jocelyn K. Glei is a writer who's obsessed with how we can find more creativity and meaning in our daily work. Her latest book, publishing in Oct 2016, is called *Unsubscribe*, a modern guide to killing email anxiety, avoiding distraction, and getting real work done.

Jocelyn Glei | Working in the Age of Distraction ...

The series is edited by Jocelyn K. Glei, Director and Editor-in-Chief of 99U. Jocelyn oversees the 99u.com website—which has won two Webby Awards for "Best Cultural Blog"—and leads the curation and execution of the popular 99U Conference. Prior to joining 99U, Jocelyn was the global managing editor at the online media company Flavorpill.

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